REMAT SEND Monthly Newsletter

October 2023

Rainbow Education

This is our second Rainbow Education Multi Academy Trust SEND newsletter 2022/2023.

At the Rainbow Education Multi Academy Trust every child matters. We have worked together to ensure our schools meet the needs of all of our pupils and that all children reach their full potential.

What is Attachment and Trauma?

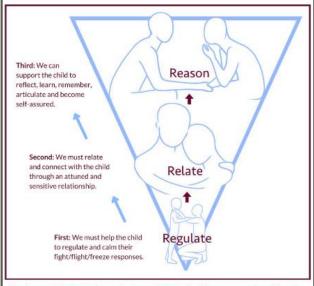
- ★ Attachment and Trauma is a focus on the relationships between children and their primary caregivers and other people they socialise with.
- ★ There are 4 areas of A&T Secure, Anxious-ambivalent, Disorganised, Avoidant.
- ★ Children can develop the traits of one of these 4 areas from birth and each of them are different in the type of regulation and support a child may need.
- ★ Our schools are working closely with the Jennifer Nock 'Attachment & Trauma Sensitive School's Award'.
- ★ Across the REMAT, our school's have been working hard to ensure they provide secure, beneficial and safe learning environments for children.

Click on the image below to read more information on Attachment and Trauma:



The Three R's: Reaching The Learning Brain

Dr Bruce Perry, a pioneering neuroscientist in the field of trauma, has shown us that to help a vulnerable child to learn, think and reflect, we need to intervene in a simple sequence.



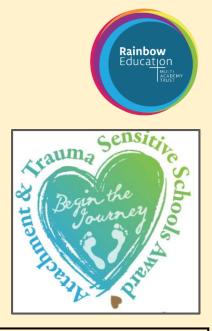
Heading straight for the 'reasoning' part of the brain with an expectation of learning, will not work so well if the child is dysregulated and disconnected from others.

If you have any concerns or questions regarding your child's social, emotional and mental health needs, you can make an appointment to speak with your child's class teacher or the school SENDCo, Mrs Kinnear or Pastoral Manager, Mrs Keenan.



How do we support A&T in school?

- Each learning area has an designated calm area for children.
- We use sensory snacks and circuits.
- We develop staff knowledge and understanding of A&T and how they should adapt themselves to individual needs.
- We have a caring culture towards each and every child.
- We use Emotional Literacy and Time To Talk.
- Alternative provisions can be provided for playtimes etc.
- School have a designated Pastoral Manager, Mrs Keenan



<u>Month</u>	Topic	<u>Month</u>	Topic
October	Attachment / Trauma	February	Consistency, boundaries and routine
November	ASD	March	Positive Relationships
December	Use of Visuals	April	Moderate Learning Difficulties
January	ADHD	Мау	Dyslexia

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