



Townfield Primary School Lunch Menu

Week One

Monday	Tuesday	Wednesday	Thursday	Fun Fryday
<p>Pizza Day A selection of homemade pizza served with potato wedges. Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni.</p>	<p>Meatballs Choose from minced pork seasoned and made into balls or Quorn balls served in tomato sauce with noodles</p>	<p>Roast Dinner Choose from Turkey or a Quorn fillet with roast potatoes and gravy.</p>	<p>Spaghetti Bolognaise Minced beef cooked with garlic, onions, tomatoes, mushrooms and herbs served with spaghetti.</p> <p>Macaroni Cheese Macaroni pasta covered with a cheese sauce, topped with cheese and baked in the oven.</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, fish fingers or homemade salmon fishcakes both baked in the oven & served with chips or wrap.</p>
Served with:				
Beans or Salad	Green beans and garlic bread.	Carrots & Swede and/or cabbage medley.	Mixed Vegetables and Garlic Bread	Peas and/or baked beans.
or				
<p>Jacket potatoes & panini's Served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna, mayo, ham, turkey & baked beans (when available).</p>				
or				
<p>Deli Bar – Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef egg and a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
and for dessert...				
Lemon and Blueberry drizzle cake with Custard	Shortbread Biscuits	TPS Homemade Yogurt Bar	Mousse.	Chocolate Desserts Pancakes
and finally a drink!				
<p>A selection of the following drinks will be available daily. Freshly made milkshakes – strawberry (& chocolate on a Friday), fresh fruit juice – apple, cranberry or orange, water or fresh milk.</p>				